



**3221 Voyager Drive
Green Bay, WI 54311
920-430-1348**

Photo-Facial Skin Rejuvenation

Photo-Facial Skin Rejuvenation is a non-invasive skin brightening treatment that combines the energy of Intense Pulsed Light (IPL) & Radio Frequency (RF). This treatment safely targets pigmented lesions such as freckles, sun & age spots and hyperpigmentation. Vascular lesions such as spider vessels, telangiectasia and redness & flushing from Rosacea are also lightened and gradually fade. Improves overall skin tone, texture and reduces pore size by heating the deep layers of the skin causing collagen stimulation. The number of treatments depends on the condition of your skin & the desired results. We typically recommend a series of 3 or 5, every 3-4 weeks, then single treatments every 6-12 months.

Pre-treatment

- Avoid sun exposure for 4 weeks prior to treatment & use SPF 30 or higher daily. **Clients that are tan or actively tanning are NOT candidates.**
- Do not use self-tanning products 3-4 weeks prior.
- Discontinue use of retinoid (Tretinoin, Retin-A, etc.) 1 week prior to treatment.
- Stop Hydroquinone 3 days prior to treatment.
- Avoid any waxing and depilatory products in the areas of treatment 1 week prior to your appointment.
- If you have a history of cold sores and take Valtrex or similar medication, pre-treat the day before or the day of treatment and the day following treatment.
- Notify us if you develop a cold sore, open lesions or acne pustules in the area being treated, we may need to reschedule your treatment until these conditions clear up.

Post-Care:

- You may experience a sunburned sensation immediately following treatment & slight swelling & redness is expected. This typically resolves within 72 hours. You may use a cold compress to help reduce the symptoms. Aleve, Advil, ibuprofen or Benadryl as directed may also be used if you do not have allergies to those products.
- Darkening of brown spots is normal. They will begin to appear “peppery” & feel like coffee grounds on the skin. Do not pick or scrub these areas, let them flake off on their own over the next week or so if on the face & over

the next several weeks if on the body. We recommend you schedule a microdermabrasion or dermaplane 1 week after treatment to help encourage skin cell turn over.

- Blood vessels may appear dark or more prominent; they will fade over the next 3 weeks.
- Wash the treated area gently. Avoid harsh, exfoliating products for the first several days after treatment. If skincare products irritate your fresh skin, discontinue those as well.
- You may resume the use of retinoid (Retin-A, Tretinoin, etc.) 1 week after treatment.
- Avoid intentional sun exposure & use a broad spectrum SPF 30 sunscreen for the duration of your treatments and always on a daily basis and reapply during daylight hours.
- Avoid hot baths, hot tubs, saunas, chlorinated pools, or expose treated area to excess heat or participate in any activity that will over heat you for 2 days following treatment.
- In the rare case of blister formation, apply a topical antibiotic ointment, such as Neosporin or Bacitracin twice daily to area. These areas will resolve and heal. DO NOT pick or remove scabs or crusts as this may lead to darkening of the skin.
- Make-up may be applied immediately after treatment; we recommend a mineral make- up.

Please contact Jennifer at 920-430-1348 with any questions or concerns.